**CAUTI Insertion Checklist with Pericare Wipes in Kit**

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|  | Elements Critical to Indwelling Urinary Catheter Insertion | Yes | No |
|  | Before Insertion |  |  |
| 1 | Verify the doctor's order and appropriate indication for indwelling urinary catheter |  |  |
| 2 | Select appropriate equipment |  |  |
| 3 | Perform hand hygiene and put on gloves |  |  |
| 4 | Confirm the patient's identity using at least two patient identifiers |  |  |
| 5 | Explain the procedure to the patient |  |  |
| 6 | Provide privacy |  |  |
| 7 | Ensure adequate lighting |  |  |
|  | Insertion |  |  |
| 8 | Position patient supine with knees flexed and separated and feet flat on the bed. Alternate positioning for males is with legs extended and flat on the bed. |  |  |
| 9 | Opens the indwelling catheter tray using aseptic technique |  |  |
| 10 | Aseptically place the sterile under pad to create a sterile field |  |  |
| 11 | Clean the patient's genital area and perineum with towelettes provided. |  |  |
| 12 | Remove and discard gloves, and perform hand hygiene |  |  |
| 13 | Dons sterile gloves (avoids opening the package within or on the sterile field) |  |  |
| 14 | Drapes lower abdomen and perineum with the sterile fenestrated drape, exposing only the genitals. |  |  |
| 15 | Prepares equipment in the sterile field |  |  |
| 16 | Lubricates tip of catheter |  |  |
| 17 | Attaches the balloon inflation syringe to the Leur-lock inflation mechanism (does not pretest the balloon). |  |  |
| 18 | Non-dominant hand remains on the patient until catheter is inserted |  |  |
| 19 | Clean the genital area with packaged aseptic solution |  |  |
| 20 | Inserts catheter until urine begins to flow. |  |  |
| 21 | Inflates the balloon |  |  |
|  | During Insertion |  |  |
| 22 | Avoids contamination of sterile equipment throughout the procedure |  |  |
| 23 | Sterile equipment remains within sterile field at all times. |  |  |
| 24 | Never attempts to re-insert catheter after missing on initial attempt |  |  |
| 25 | Never turns their back to the sterile field. |  |  |
|  | Post Insertion |  |  |
| 26 | Apply stabilization device to the patient's thigh and the sheet clip to the bed to avoid loops or kinks. |  |  |
| 27 | Hang the collection bag below bladder level. |  |  |
| 28 | Discard all used supplies |  |  |
| 29 | Remove and discard gloves, and perform hand hygiene |  |  |
| 30 | Documents insertion on collection bag (date, time and initials) |  |  |
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